**APPLICATION**

1. What stands out the most from everything discussed in this workshop? Write out three or four items that stand out as areas where you feel an urgency to do something.
2. Select two areas from the last question and think about what you would like to see happen in 60 to 90 days. Write out each goal as a sentence.
3. Add to each goal a time line for accomplishing it and how you will know that you have accomplished each goal.
4. Write down two action steps for each goal that will help you move forward to accomplish the goal. Write them in response to the question, “What step will I take by when?”
5. What additional support, encouragement and accountability will help you reach your goals?